

PRODUCT DATA SHEET

ZINC PICOLINATE

DESCRIPTION

Dietary Supplement

Zinc Picolinate

Supplement Facts

Serving Size: One Capsule Servings Per Container: 60

Each Capsule Contains:		% DV
Zinc (as Zinc Picolinate)	15 mg.	100%
Daily Value (DV)		

Other Ingredients: Hypromellose (derived from cellulose) capsule, Aspartic Acid,¹ Leucine,¹ Silicon Dioxide.¹

¹A hypoallergenic ingredient used to fill space.

M210 / 60 Vegetarian Capsules

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

HOW SUPPLIED

Zinc Picolinate is supplied in bottles of 60 two-piece vegetarian capsules. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

Large doses of zinc (30 mg and above) may cause stomach upset and/or nausea, especially if taken on an empty stomach.

Long-term zinc supplementation should include copper in a 15:1 (Zn:Cu) ratio.

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

INTERACTIONS

Zinc antagonizes the uptake of copper and inhibits tissue uptake of cadmium.

PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

DOSAGE

Adult patients: 1 capsule one to two times daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

MANUFACTURED BY

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they are raising their standards
... at Thorne, we set them.™*



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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